



LEAD ME *in* GREEN  
PASTURES

*Reading and Reflecting on the Psalms*



cloverdale  
CHURCH OF CHRIST

## Reading the Psalms Devotionally

For the rest of the year (beginning Sunday, June 4 and running through Friday, December 29), our congregational Bible reading will take us through a devotional reading of the Psalms.

On Monday-Friday, we will focus on one Psalm per day:

- **Read** the Psalm for the day, slowly and multiple times
- **Reflect** on what you have read by answering some simple questions
- **Respond** in prayer, praying through that day's Psalm
- **Return** in thought throughout the day

We will continue our practice of going through our Bible reading with partners; when you meet weekly with a partner, you can choose what you want to discuss from the previous week's reading.

### About the Psalms

The Book of Psalms is a collection of songs, poems, and prayers, written by many different authors over a long period of time to generations of God's people who seek to praise and thank Him, but also wrestle with the difficulties of life. It is a timeless book that still speaks to our lives and experiences today.

Each Psalm falls into one of several main types (though some may fit multiple types). Different categories of Psalms and an example of each are listed below:

- **Laments:** Lay your troubles down before God and seek help (Ps. 12-13)
- **Hymns of Praise:** Giving glory to God by pointing to His great deeds (Ps. 8, 145)
- **Hymns of Thanksgiving:** Giving thanks for God's help (Ps. 9, 30)
- **Celebrating the Torah:** The wonders and goodness of God's instruction (Ps. 19, 119)
- **Wisdom:** God has created and shared His wisdom with humanity (Ps. 1, 37)
- **Songs of Confidence:** Maintain trust in God (Ps. 23)
- **Royal Psalms:** Davidic monarchy as God's means of blessing His people (Ps. 2, 72)
- **Historical Psalms:** Use Israel's history to show God's provision for His people (Ps. 78)
- **Prophetic Psalms:** Call to covenant faithfulness and other themes from the prophets (Ps. 81)

## Go through these steps for each Psalm...

**Read** today's Psalm slowly, and multiple times.

**Reflect** on what you have read:

- What type of psalm is this? (See first page for Psalm descriptions)
- What is the obvious message of this psalm?
- What stands out to me from this psalm and speaks to the challenges I am experiencing?

**Respond** in prayer to the Father, using these inspired words of Scripture to better express my heart to God.

**Return** to this in thought throughout the day.

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